

living

THE BEST OF EVERYTHING

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Magazine

House calls for home bodies

When the outside temperature falls below 30 degrees, bundling up for your weekly pedicure is a huge production. But don't go all granola and let your appearance slide. These services will come straight to your door.

Nails

JOSEPHINE ALLEN: Winter pedicures mean you have to wait an extra 20 minutes for your toenails to dry before putting your pedis back on. But not if you call Josephine, a celebrity manicurist whose clients include Heidi Klum and Julia Roberts. Home manicure, \$84; pedicure, \$193 both, \$290. Available in Manhattan, 212-472-6803.

Errands

WHITE GLOVE ELITE: Ever wish it was possible to do it yourself just so you could get through your daily routine? Now you don't have to. White Glove Elite will do your chores, from picking your kids up at school to walking your dog, for just \$22 an hour (four-hour minimum). Available in the tri-state area, 212-684-4450.

Shopping

VISUAL THERAPY: Lugging a bulky coat and scarf along with packages can take the fun out of any shopping excursion. So let a team of experts into your closet to knock your wardrobe into shape. They'll size up your collection, determine what's missing and shop to fill pieces you need, and also organize it all by function and color. \$250 per hour, \$2,500 per day. Available in the tri-state area, 212-315-2233.

CARAVAN MOBILE BOUTIQUE: This store in Evan rolls up to your door with the latest men's and women's styles, from labels like Project E and J.L. Lindberg. Want a robe or a chestnut for yourself? Get it in a dressing room on board, or for \$170, \$25 a stylist will bring a selection to you. Dressing starts at \$300 on a minimum purchase. Available in Manhattan, 212-250-8189.

Yoga

ADAM DAVID: It's embarrassing having your legs wobble with exertion in yoga class while the gazelle next to you slips easily into tricky poses. One-to-one classes with yoga guru Adam David mean you no longer have

to compete. Plus, the individual attention will make you the envy of your fellow yogis. One-hour at-home session, \$100. Available in Manhattan, 646-267-7042.

Hair Removal

COMPLETELY BARE: No one enjoys getting waxed, but you'll feel more comfortable being naked in your own digs. Not only do the aestheticians come to you, but they'll even bring hot wax and a portable laser machine for high-tech hair removal. Waxing, \$375 for the first hour, \$30 for each additional hour; laser treatment, \$1,450 for the first hour, \$500 for each additional hour. Available in Manhattan, 212-366-6060.

the house to show off (or you could invite someone over to admire the work). \$300 to \$400 with eyebrow grooming. Available in Manhattan, 977-984-8166.

Entertaining

MY CHEF DIRECT: Whether it's a party for 50 or just you and your significant other, My Chef Direct has a group of experienced chefs ready to prepare any food, from macrobiotic meals to holiday fare. Cooking is done in your kitchen and you can participate, if you like. Dinner for two starts at \$160, plus a \$300 chef's fee, which includes menu planning, shopping, cooking and cleaning up. Available in the tri-state area, including the Hamptons, 646-239-4257.

Massage

PHYSICAL ADVANTAGE: When your tired muscles are finally relaxed and you've drifted into a blissful alpha state, the last thing you

Medical

DOCTOR 911: There's hardly anything worse than waiting for treatment in an emergency room. Dr. Robert Glatter, an emergency medical specialist, will travel to you, 24/7, to treat headaches, asthma, nausea, wounds, sprains and a host of more serious ailments. A standard visit starts at \$500. Available in Manhattan and Brooklyn, 646-761-6685.

want to do is get off the massage table and soze up as you try to holla cabin in the cold. For \$200 per hour, Laurie Towers, who specializes in massage for dancers and athletes, or one of her therapists will arrive at your door complete with a table and a soothing soundtrack. Available in Manhattan, 212-460-1879.

Tailor

BIAMBI'S CUSTOM TAILORS: Do you have a pile of clothes sitting in your closet waiting to be altered? Believe it or not, there are still old-fashioned seamstresses who will come to your door, chalk and ruler in hand. Biambi, a trusted men's and pop culture firm specializing in custom clothing, charges just \$35 on top of alteration fees for a home visit. Available in Manhattan, 212-955-3379.

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PEDIATRICS TO GO: Tired of bringing your kids to the doctor, only to have them catch another child's cold in the waiting room? Dr. Seth Gordon will come straight to your house—even if that means driving two hours to your summer home in East Hampton. Basic visit, \$160. Available in New York City and the Hamptons, ny pediatricstogo.com.

DOGGIE DOCTOR: Vet Cindy Bresler, who tends to the dogs of Karel Ludvik, Demi Moore and Don't Karen, knows how her breaking it is to drag your pet to the vet. With scale, stethoscope, syringes and an assistant in tow, Dr. Dresler makes house calls around the

clock and travels around New York City and the Hamptons. \$150, plus blood work and tests. 621-353-8307.

Hairstyling

SINAEI: Traveling to and from the salon is a knit hat takes a toll on your hair. Plus, it's time-consuming. Ad's home blowouts make you sleek and shiny in about 15 minutes, and they have staying power. Haircut, \$100-\$300; blowout, \$75-\$125. Available in Manhattan, 212-751-2339.

PAUL LABRECQUE: Sure, you could spot clinics like Reese Witherspoon and Sofia Coppola in the salon. Or you could watch them on DVD in the comfort of your own home and have a Paul Labrecque specialist visit you. Haircut and highlights, \$170-\$300 an hour depending on stylist and service, plus tax, gratuity and travel. Available in the tri-state area, 212-525-0099—Beth Landman.

At-home
manicures
mean you
can forget
frostbitten
fingers.